

PREGNANCY

Attention New Moms!



PREGNANCY

800.414.6580

It is important that you take care of yourself and your baby. Make an appointment with your doctor within 3 to 8 weeks after you have your baby. It is important that you keep this appointment with your doctor, even if you were seen in the first few weeks after delivery. Your doctor will answer all of your “new mom” questions. Your doctor needs to examine you to make sure your body is healing after having your baby. Your doctor can help you with family planning.

IF YOU KEEP YOUR POSTPARTUM VISIT, WE WILL SEND YOU A NEW BABY GIFT CARD BEFORE YOUR BABY IS 6 WEEKS OLD!



FOR MORE INFORMATION about pregnancy, call Care Management at 1.800.414.6580 (TTY: 1.800.473.0989).

This managed health care plan may not cover all your health care expenses. Read your contract and/or member handbook carefully to determine which health care services are covered. If you need help reading this information, please call Unison at 1.800.414.9025. The information in this notice is available in other languages and formats by calling Member Services at 1.800.414.9025 (hearing-impaired: 711). For more information, we are available Monday, Tuesday, Thursday and Friday from 8 a.m. to 5 p.m. and Wednesday 8 a.m. to 8 p.m. You can reach us at 1.800.414.9025 (hearing-impaired: 711).

La información de este aviso está disponible en otros idiomas y formatos si llama a Servicios para Miembros al 1.800.414.9025 (711 para las personas con deficiencias auditivas). Si necesita ayuda para traducir esta información, por favor comuníquese con el departamento de Servicios a miembros del Unison al 1.800.414.9025 (711 para las personas con deficiencias auditivas).

ព័ត៌មាននៃកិច្ចសន្យានេះអាចមានលក្ខណៈសម្រាប់ប្រើប្រាស់តែប៉ុណ្ណោះ។ មានជូនព័ត៌មានលម្អិតអំពីកិច្ចសន្យានេះតាមរយៈការទូរស័ព្ទទៅខាងសេវាសមាជិកដៃគូរបស់យើង 1.800.414.9025 (ចំពោះអ្នកមានបញ្ហាខាងការស្តាប់លេខ 711)។

此通知里的信息有其它语言及格式，请致电 1.800.414.9025（听力有障碍人员请转分机 711）联系会员服务处索取。

Информацию, содержащуюся в данном извещении, можно получить на других языках и в иных форматах по телефону отдела обслуживания участников: 1.800.414.9025 (для лиц с нарушением слуха: 711).

Thông tin trong thông báo này có sẵn bằng các định dạng và thứ tiếng khác bằng cách gọi Dịch Vụ Thành Viên theo số 1.800.414.9025 (người khiếm thính: 711).