

PREGNANCY

Miracles Care Management Program



It is important to get the right care when you are pregnant. Pregnant Unison members can join the Miracles Care Management program. The Miracles program pairs a health coach with each pregnant member. The coaches talk to women about their pregnancies and any concerns they may have.

Some women have risk factors that can cause problems during their pregnancy. Some of these problems can lead to premature birth or even stillbirth. Members with complex or difficult pregnancies will be set up with one of Unison's care management nurses. They will create a program for the member to fit their needs.

If you are pregnant, the nurses will work with your doctor to provide the best care for you. They can also send you information about being pregnant.

HOW DO I JOIN THE MIRACLES PROGRAM?

If you are pregnant, Unison Health Plan will invite you to join the program. We will call or write to you. If you are pregnant and have not heard from us, please call to join!

WHAT DOES THE MIRACLES PROGRAM OFFER ME?

The Miracles program can help you during your pregnancy. We will mail you helpful information while you are pregnant. Your Miracles health coach or nurse will call you and help explain prenatal visits, tests and pregnancy care. Once you are enrolled in the Miracles program, you may even be eligible for gift cards!

TO GET MIRACLES GIFT CARDS:

- Go to all of your doctor visits. Call your Miracles health coach or nurse to tell them that you went to these visits.
- After you have your baby, see your doctor for your postpartum visit. We will send you a gift card if you go to your postpartum visit before your baby is 6 weeks old, even if you were not enrolled in the Miracles program.



FOR MORE INFORMATION about pregnancy, call Care Management at 1.800.414.6580 (TTY: 1.800.473.0989).

This managed health care plan may not cover all your health care expenses. Read your contract and/or member handbook carefully to determine which health care services are covered. If you need help reading this information, please call Unison at 1.800.414.9025. The information in this notice is available in other languages and formats by calling Member Services at 1.800.414.9025 (hearing-impaired: 711). For more information, we are available Monday, Tuesday, Thursday and Friday from 8 a.m. to 5 p.m. and Wednesday 8 a.m. to 8 p.m. You can reach us at 1.800.414.9025 (hearing-impaired: 711).

La información de este aviso está disponible en otros idiomas y formatos si llama a Servicios para Miembros al 1.800.414.9025 (711 para las personas con deficiencias auditivas). Si necesita ayuda para traducir esta información, por favor comuníquese con el departamento de Servicios a miembros del Unison al 1.800.414.9025 (711 para las personas con deficiencias auditivas).

ព័ត៌មាននេះអាចមានសំបុត្រប្រើប្រាស់ផ្សេងៗទៀត និងក្នុងទម្រង់អូឌីយ៉ូ តាមរយៈការទូរស័ព្ទទៅខាងសេវាសមាជិកដល់លេខ 1.800.414.9025 (ចំពោះអ្នកមានបញ្ហាខាងការស្តាប់លេខ 711)។

此通知里的信息有其它语言及格式, 请致电 1.800.414.9025 (听力有障碍人员请转分机 711) 联系会员服务处索取。

Информацию, содержащуюся в данном извещении, можно получить на других языках и в иных форматах по телефону отдела обслуживания участников: 1.800.414.9025 (для лиц с нарушением слуха: 711).

Thông tin trong thông báo này có sẵn bằng các định dạng và thứ tiếng khác bằng cách gọi Dịch Vụ Thành Viên theo số 1.800.414.9025 (người khiếm thính: 711).

PREGNANCY

Miracles Care Management Program

(Continued)



PREGNANCY

800.414.6580

WILL MY DOCTOR KNOW THAT I'M IN THE MIRACLES PROGRAM?

We will send a letter to your doctor. The letter tells them that you have joined Miracles. Your health coach or nurse will follow your doctor's care plan for your pregnancy.

WHAT IF I DO NOT WANT TO BE IN THE MIRACLES PROGRAM?

If you do not want to be in the Miracles program, tell your health coach or nurse.

WHAT SHOULD I DO IF I HAVE AN EMERGENCY DURING MY PREGNANCY?

You can still get help 24 hours a day, 7 days a week for an emergency. You should call your doctor or go to the nearest emergency room. Your doctor needs to be called before going to the emergency room.

WE ARE HERE TO HELP YOU IF YOU HAVE ANY QUESTIONS OR CONCERNS DURING YOUR PREGNANCY.