

Asthma Health Management Program

Unison Health Plan wants to help keep your patients healthy.

Facts

The Asthma Health Management Program exists to help your Unison Health Plan asthmatic patients achieve the best clinical outcomes possible, and serves to improve their quality of life with this chronic condition.

A significant number of individuals today have asthma. And asthma is a top reason for admissions to hospitals or visits to emergency rooms.

How do your patients become eligible to participate?

In order to identify members who have asthma, Unison Health Plan uses data from claims that have been paid. These claims identify events associated with asthma care. They include pharmacy data for medications as well as claims for hospital, doctor or emergency room visits for asthma care. You also may call and request that we enroll a member known to have asthma. Also, any member with asthma can call member Services and ask to be included in the Program.

What does the program offer your patients?

The program evaluates members with asthma and stratifies them by levels of their disease. Those members who require little assistance managing their illness will receive basic educational mailings. These include booklets on managing asthma, information on prescription medication use, and a quarterly newsletter.

Members with more serious illness receive all of these materials, plus Case Management services. There are two levels of Case Management. The difference is how often the Case Manager will contact the member.

The Case Managers will perform a risk-assessment and a quality-of-life survey, and customize the program to your patient's needs. The Case Managers will supplement your treatment plan by promoting the member's adherence to your recommendations and encouraging healthy behaviors.

Members are able to change between levels of care in Health Management and/or Case Management. Also, members can request Case Management services without regard to their disease level.

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Working Together for Better Health
www.unisonhealthplan.com

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How do we provide information to you about your asthmatic patients?

Every quarter, Unison Health Plan mails you a list of members assigned to your panel that have been identified as being asthmatic. In addition, we enclose a patient profile for each of these members. The profile includes such items as the most recent PCP and ER visits, hospital admission date, and prescription claims date. They outline activities and treatments recommended by our guidelines based on the recommendations of the National Heart, Lung, and Blood Institute.

Deviations from these standards are noted in the “alerts” section of the profile. In addition, if you have a member enrolled in Case Management, you will also receive a letter informing you that the member is enrolled in that program. Case Managers coordinate the plan’s services to enhance the practitioner’s treatment plan.

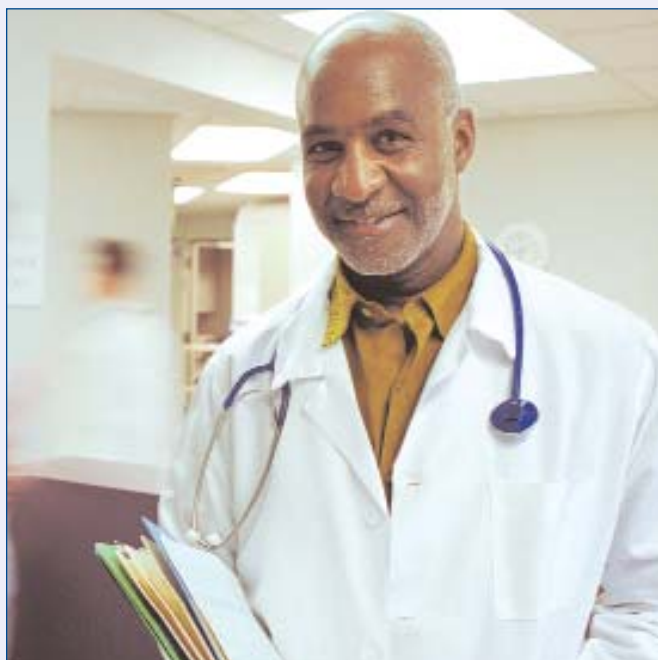
What if your patient does not want to be in the program?

All members that are identified by claims and pharmacy use are eligible for the Asthma Health Management Program. Any member who does not wish to participate in the program can contact the plan and ask to be removed.

How can I request that a patient be included in the program?

If you would like to request that a Unison Health Plan patient be enrolled in the Asthma Health Management or Case Management Programs, you can complete a copy of the Health/Case Management Program Form, attached hereto, and fax it to the number on the form.

If you have any questions about the services available to your Unison Health Plan patients through the Asthma Health Management or Case Management Programs, please call the Provider Services Department at 1.800.600.9007.



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Unison Health Plan - Health/Case Management Program Form

Please enroll the Unison Health Plan patient identified below in the following program(s) noted by a check mark:

Patient Name: _____

Patient ID Number: _____

- Adult Case Management
- Pediatric / NICU Case Management
- Pregnancy Case Management
- Transplant Case Management
- Wound Case Management
- Asthma Health / Case Management Program
- Diabetes Health / Case Management Program

Are there any specific ways that we can help your patient? Please let us know.

Please fax this form to 412.380.7372.

Or mail this form to:
Unison Administrative Services
Attn: Quality Improvement
300 Oxford Drive
Monroeville, PA 15146

Phone: 1.800.600.9007