

CHRONIC KIDNEY DISEASE

Chronic Kidney Disease Program Description



CHRONIC KIDNEY DISEASE FACTS

Unison wants you to have the best health outcomes possible. The Chronic Kidney Disease Health Management program helps members with their Chronic Kidney Disease (CKD). CKD affects 26 million Americans. It is the 9th leading cause of death in the United States. Kidney failure occurs when the kidneys can no longer filter out the body's waste products. Risk factors for CKD are hypertension, diabetes mellitus and cardiovascular disease. CKD is easiest to treat in the early stages. It is important to get proper care.

HOW DO I JOIN?

Unison identifies members who have CKD by looking at claims for CKD services. They include data for hospital, doctor or emergency room visits for CKD care. Your doctor may call and ask for us to help you with your CKD care. Also, any member with CKD can call Member Services and ask to join the program.

WHAT DOES THE PROGRAM OFFER ME?

The program helps members with their CKD. It separates them into certain levels of care. Those members who need little help managing their illness will get useful mailings and yearly reminder calls. These include booklets on managing CKD and information about lab tests, good nutrition and much more. Members who need more help managing their CKD will get mailings plus care management services. The care managers will review your condition and how it affects your life. Members can ask for care management services at any time.

HOW DOES MY DOCTOR KNOW HOW I AM DOING?

Once you join the program, we will send your primary care provider (PCP) a letter telling them that you joined. Care managers coordinate Unison services and help you follow your doctor's treatment plan.



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KIDNEYS

866.414.6565

WHAT IF I DO NOT WANT TO BE IN THE PROGRAM?

All members that are identified as having kidney disease by claims are eligible for the program. Any member who does not wish to join the program can write to Unison and ask to be removed; this is known as "opting out." The same process works for care management services. The care managers will give you the option to participate.

WHAT SHOULD I DO IF I HAVE AN EMERGENCY CONDITION?

You can still get services 24 hours a day, 7 days a week for an emergency. You should go to the nearest emergency room or 24-hour care center. If you need emergency

transportation, call your local emergency service. You will need to call your PCP and Unison as soon as the emergency is under control. If you have any questions, we will be happy to help you.

HOW TO OPT OUT

If you do not wish to join the Chronic Kidney Disease Health Management program, tell us by writing to:

Care Management
Unison Administrative Services
1001 Brinton Road
Pittsburgh, PA 15221

