

PREGNANCY

Miracles Care Management Program



It is important to get the right care when you are pregnant. Pregnant Unison members can join the Miracles Care Management program. The Miracles program pairs a health coach with each pregnant member. The coaches talk to women about their pregnancies and any concerns they may have.

Some women have risk factors that can cause problems during their pregnancy. Some of these problems can lead to premature birth or even stillbirth. Members with complex or difficult pregnancies will be set up with one of Unison's care management nurses. They will create a program for the member to fit their needs.

If you are pregnant, the nurses will work with your doctor to provide the best care for you. They can also send you information about being pregnant.

HOW DO I JOIN THE MIRACLES PROGRAM?

If you are pregnant, Unison Health Plan will invite you to join the program. We will call or write to you. If you are pregnant and have not heard from us, please call to join!

WHAT DOES THE MIRACLES PROGRAM OFFER ME?

The Miracles program can help you during your pregnancy. We will mail you helpful information while you are pregnant. Your Miracles health coach or nurse will call you and help explain prenatal visits, tests and pregnancy care. Once you are enrolled in the Miracles program, you may even be eligible for gift cards!

TO GET MIRACLES GIFT CARDS:

- Go to all of your doctor visits. Call your Miracles health coach or nurse to tell them that you went to these visits.
- After you have your baby, see your doctor for your postpartum visit. We will send you a gift card if you go to your postpartum visit before your baby is 6 weeks old, even if you were not enrolled in the Miracles program.



FOR MORE INFORMATION about pregnancy, call Care Management at 1.800.414.6580 (TTY: 1.800.473.0989).

Si desea recibir una copia de esta información en español, por favor llame al número 1.800.895.2017, TTY: 711.

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(Continued)



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WILL MY DOCTOR KNOW THAT I'M IN THE MIRACLES PROGRAM?

We will send a letter to your doctor. The letter tells them that you have joined Miracles. Your health coach or nurse will follow your doctor's care plan for your pregnancy.

WHAT IF I DO NOT WANT TO BE IN THE MIRACLES PROGRAM?

If you do not want to be in the Miracles program, tell your health coach or nurse.

WHAT SHOULD I DO IF I HAVE AN EMERGENCY DURING MY PREGNANCY?

You can still get help 24 hours a day, 7 days a week for an emergency. You should call your doctor or go to the nearest emergency room. Your doctor needs to be called before going to the emergency room.

WE ARE HERE TO HELP YOU IF YOU HAVE ANY QUESTIONS OR CONCERNS DURING YOUR PREGNANCY.