

Who Should Get a Flu and Pneumonia Shot?



800.508.2581

THE FOLLOWING PEOPLE SHOULD GET A FLU SHOT:

- anyone 50 years of age or older
- all children 6 months to 18 years of age
- residents of long-term care facilities
- people with chronic health problems
- anyone with a weakened immune system
- women who will be pregnant during the flu season
- people living with or caring for a person who has any of the above high-risk conditions

A flu shot should be given every year.

FLU SHOTS ARE NOT RECOMMENDED FOR CHILDREN LESS THAN 6 MONTHS OLD.

YOU SHOULD ALSO GET A PNEUMONIA SHOT IF YOU ARE:

- at least 65 years of age
- over 2 years old and have a long-term health problem
- over 2 years old and have a weakened immune system
- are from certain Native American populations

Pneumonia shots are usually given once, but can usually be repeated every five years.

The flu vaccine is usually given in the fall, but the pneumonia vaccine can be given anytime. Talk to your PCP to get these vaccines. We advise you to get these vaccines as part of your benefits with us.



FOR MORE INFORMATION, call Care Management 1.800.508.2581 (TTY: 1.800.473.0989).



DELAWARE HEALTH AND SOCIAL SERVICES

Division of Medicaid & Medical Assistance