

## PREGNANCY

# Attention New Moms!



PREGNANCY

800.414.6580

It is important that you take care of yourself and your baby. Make an appointment with your doctor within 3 to 8 weeks after you have your baby. It is important that you keep this appointment with your doctor, even if you were seen in the first few weeks after delivery. Your doctor will answer all of your "new mom" questions. Your doctor needs to examine you to make sure your body is healing after having your baby. Your doctor can help you with family planning.

**IF YOU KEEP YOUR POSTPARTUM VISIT, WE WILL SEND YOU A NEW BABY GIFT CARD BEFORE YOUR BABY IS 6 WEEKS OLD!**



**FOR MORE INFORMATION** about pregnancy, call Care Management at 1.800.414.6580 (TTY: 1.800.473.0989).



**DELAWARE HEALTH AND SOCIAL SERVICES**

Division of Medicaid & Medical Assistance